

LSF Southern California Children and Family Services Participant Testimony

Kingsley was referred to Life Steps Foundation at 24 months old due to concerns with his speech and language development. He was initially a very quiet and shy little boy who enjoyed playing by himself. He would often get frustrated easily due to his inability to communicate his wants and needs. He knocked his head on the floor or threw objects around him when upset. After receiving early intervention services, Kingsley learned to

engage in play with others and participate in a variety of new activities. His vocabulary increased dramatically, and he was able to sing along to his favorite songs. He also learned to cooperate with his teachers at daycare and was beginning to play peacefully around his peers. He enjoyed sessions and would start shouting greetings at the front door as soon as he saw his Early Interventionists' car pull up in front of their home.

"Thank you very much for everything you have taught Kingsley in the past year! I appreciate all your patience with him. We wish you the best!"

-Kingsley's parents



"I am very proud of Kingsley's progress, and it was amazing to see him become a confident and playful little boy!"

-Natalie, Early Interventionist

LSF Central Coast Adult Services Staff Update



Andy has been employed with Life Steps Foundation Central Coast Adult Services for just over three years. He worked with both of our programs — Supportive Living Services Program with adults with development disabilities and Senior Homemaker Services with seniors 60+ who are in need of assistance. Andy's fun, polite, and smiling personality has allowed him to easily work with programs and

resolve any program participants' and clients' concerns. He was dedicated to assisting individuals and clients to ensure that they remain living independently in their own homes within their community. We cannot thank Andy enough for the hard work, dedication, and contribution he has made to those he served and worked with. Andy, Life Steps wishes you all the best as you start the next chapter.

Congratulations on your retirement, Andy!

LSF Northern California Adult Services Social Dynamics Halloween Celebration



Participants and staff at Social Dynamics arrived in their festive Halloween costumes ready to enjoy the day. Staff decorated the program vehicles to host a “Trunk or Treat” for participants to enjoy their Halloween at the center. After receiving treats from the spooky trunks, participants and staff took a stroll around the area to showcase their costumes and give a wave to the neighbors. Participants and staff also participated in exciting activities and games to complete the Halloween experience at Social Dynamics.



Best in Halloween Costumes, Nellie and Tony!



LSF Northern California Children and Family Services Grow With Me Program Update

Grow With Me just started its fourth year. This virtual playgroup provides support for families with infants, toddlers, and preschoolers. Out of all the groups, surveys showed that we made the most impact for the families with infants, ages 0 - 6 months and 6 - 12 months. We view this as a success because we were able to use this group as a platform to educate new parents about child development. The program also supports new families by connecting them with other families, community resources, and other supports.

Participant Testimonials:

"Marisa and Sarah were positive, knowledgeable, with great energy. They made each week really enjoyable."

...

"I really love the community and being able to connect to other parents."

...

"Great topics and open forum to discuss interesting issues and solutions!"

...

"I felt like the group material was well curated and tailored to my little one's age and stage. I enjoyed learning about development, milestones, and baby communication."

...

"I loved participating in this and was pleasantly surprised by this great program! It was nice meeting other parents and getting some feedback on my child's behaviors."

...

"The topics were all timely and relevant to my child's developmental journey. The Power Points are great references and I have already looked back at them several times. I enjoyed hearing about other families' experiences and getting ideas from them, too."

...

"I wanted ideas for how to play and interact with my baby to support his development and I found the information and advice from the group to be very useful and actionable."



Infant Group Topics:

- Learn with Movement
- Early Communication
- Daily Routines
- Building Relationships
- Sensory and Sleep
- We Play We Learn

LIFE STEPS FOUNDATION

LIFE STEPS PROGRAM LOCATIONS

5757 West Century Boulevard, Suite 880, Los Angeles, CA 90045

LSF Children and Family Services Southern California

Main Program Office
1930 Brea Canyon Road
Suite 265
Diamond Bar, CA 91765
(562) 699-4991

Program Office
632 West Avenue
Suite H-8
Lancaster, CA 93534
(661) 266-0756

Program Office
2500 Pacific Park Drive
Whittier, CA 90601
(562) 699-4991

Happy Campers
14035 Francisquito Avenue
Baldwin Park, CA 91706
(626) 338-5090

LSF Children and Family Services Northern California

Main Program Office
828 C. Mahler Road
Burlingame, CA 94010
(650) 777-9182

We Play We Learn
830 Rosita Road
Pacifica, CA 94044
(650) 660-5404

LSF Central Coast Adult Services

218 West Carmen Lane
Suite 108
Santa Maria, CA 93458
(805) 549-0150

LSF Northern California Adult Services

828 C. Mahler Road
Burlingame, CA 94010
(650) 259-1808

LSF SoCal Adult Services
500 E. 4th Street
Long Beach, CA 90802
(562) 366-7131

Life Steps Foundation was launched in 1983 and has successfully improved the lives of thousands of children and adults diagnosed with delays or developmental disabilities. The purpose of our programs and services is to enhance participants' lives, empower them to achieve life goals, foster self-advocacy, and ensure they can live as independently as possible as adults. We accomplish this by enhancing their abilities and providing aid in the areas of communication, money management, household upkeep, mobility, socialization, and making healthy life choices. In addition, we provide in-home assistance to frail seniors who desire to remain living in their own homes. Please consider joining our Life Steps community with a donation. All donations support of our work to brighten the lives of the children, adults, seniors, and families we assist. We accept donations in the form of stocks, bequests, and vehicles. Visit www.lifesteps.org and click the 'Donate' button today!

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