

## Life Steps Foundation Headquarters: Staff Appreciation for Years of Service

We want to take a moment to thank and celebrate some of our Life Steps family that have been dedicated to our mission and our work in the community. We want to highlight staff members who have been with us for more than fifteen years. Our programs would not be the same without their years of service. If you see them, show them some love and congratulate them!



### 20+ Years of Service

- |                           |                               |                     |                                  |
|---------------------------|-------------------------------|---------------------|----------------------------------|
| • Angelica Velez De Villa | LSF SoCal Adult Services      | • Zorina Linchuk    | LSF SoCal Adult Services         |
| • Robert Turner           | LSF SoCal Adult Services      | • Armand Garcia     | LSF SoCal Adult Services         |
| • Rosalina Tapere         | LSF Santa Maria Wisdom Center | • Patricia Flores   | LSF SoCal Adult Services         |
| • Awi Ramli               | Life Steps Foundation HQ      | • Hortencia Esparza | LSF Central Coast Adult Services |
| • Gerrie G. Perez         | LSF Santa Maria Wisdom Center | • Kristine Engels   | LSF SoCal Adult Services         |
| • Rosanna Pamatian        | LSF NorCal Adult Services     | • Sonia Dilay       | LSF SoCal Adult Services         |
| • Alba Madrigal           | LSF SoCal Adult Services      | • Susan Chang       | Life Steps Foundation HQ         |



### 15-19 Years of Service

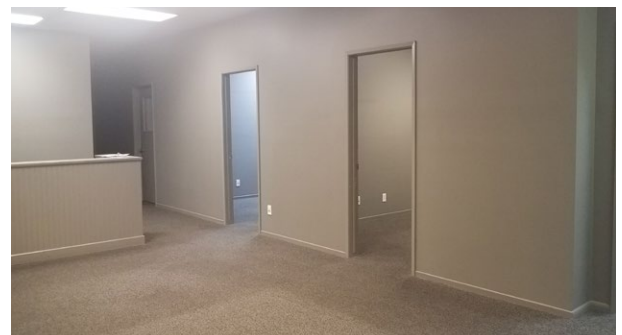
- |                         |                                  |                   |                                  |
|-------------------------|----------------------------------|-------------------|----------------------------------|
| • Jirayu Wu             | LSF Children & Family Services   | • Gelasia Gomez   | LSF Central Coast Adult Services |
| • Mary Welch            | LSF NorCal Adult Services        | • Yvonne Escandon | LSF SoCal Adult Services         |
| • Marco Velez De Villa  | LSF SoCal Adult Services         | • Sarah Curiel    | LSF SoCal Adult Services         |
| • Wesley Sims           | LSF Central Coast Adult Services | • Jeanne Chan     | LSF SoCal Adult Services         |
| • Jenelle Reyes Tenorio | LSF SoCal Adult Services         | • Maflor Alcoran  | Life Steps Foundation HQ         |

## LSF Central Coast Adult Services: We Moved to a New Location!

LSF Central Coast Adult Services has moved to a new location! We are excited to have a more centrally-located office space which is easily accessible to all our individuals from the Supported Living Services and Independent Living Skill Programs, as well as our seniors from the Senior Homemaker Program. We are aspiring to meet the needs of everyone we serve through vendors, and the community with our relocation. We will be hosting an open house soon!

Our new address is:  
218 West Carmen Lane, Suite 108  
Santa Maria, CA 93458  
Phone: (805) 549-0150  
Fax: (805) 347-7313

Please keep an eye out for information about our open house on our website at [www.lifesteps.org](http://www.lifesteps.org) or through social media as we would like to meet you and show you what we can offer.



## LSF SoCal Adult Services: Long Beach Gives 2020 Campaign

LSF SoCal Adult Services was fortunate to be chosen this year by Long Beach Gives to raise money through their crowdfunding campaign. Long Beach Gives is an organization which assists nonprofits to raise money. This year we were one of 154 nonprofits in Long Beach chosen to take part in the 2020 campaign.

The campaign began in June 2020. Long Beach Gives offered weekly training on how to be effective fundraisers leading up to the early giving phase on September 17, 2020. We were delighted to receive donations during the early giving stage, but the real push came on the 24-hour Giving Day, September 24, 2020. On September 24, a team of Peer to Peer Fundraisers used social media, emails, and phone calls to contact their friends and associates to request donations. Life Steps' Development Department was also instrumental in raising donations with posts on LSF's social media platforms.

It was a great experience for LSF SoCal Adult Services. Long Beach Gives helped 154 nonprofits raise a total of \$1,776,823 from 10,386 separate donations. Life Steps Foundation SoCal Adult Services was able to raise a total of \$2,296. Not bad for our first effort!



## Life Steps Foundation in Northern California: Silicon Valley Community Foundation Grant Award

We are excited to announce Life Steps Foundation programs in Northern California were awarded a \$10,000 grant by Silicon Valley Community Foundation. This donation will help support our Social Dynamics Program and our Early Interventionists work with children to help purchase supplies and cover unexpected expenses as we shifted from an in-person service to a virtual setting. We have been quickly working to implement new tele-conferencing technology when it is possible to continue program delivery using remote video applications. During the pandemic, our staff continues to respond to calls, risking their own health to continue supporting our community of children and adults with intellectual/developmentally disabled population.



## LSF Northern California Adult Services: Our Alternative Services

Since the Shelter-in-Place order in March 2020, LSF Northern California Adult Services (NCAS) wanted to try and keep our participants active with something they were already accustomed to. With the launch of remote alternative services, NCAS reached out to participants and their families or their homes to continue offering our daily Zumba workouts in their routines. Although it took a little getting used to in the beginning, our Zumba workouts have kept us connected during the pandemic. With more ideas in the works, NCAS continues to find ways to stay connected to our participants daily by keeping them active at home.



## LSF Children and Family Services: Thank you National Charity League!

Life Steps Foundation Children and Family Services in Northern California wants to recognize the National Charity League (NCL) Crystal Springs Chapter for their generous donation of assembled welcome kits that were given to families with infants 0 - 18 months and toddlers 18 months to 3 years old participating in LSF's Mommy and Me Group, in partnership with Help Me Grow in San Mateo. The items in the kits included books, sensory toys, and art materials to help foster sensory, fine motor, social-emotional, and communication skills. The items were used in activities facilitated by early interventionist/infant development specialists during the Mommy and Me group. We want to give thanks to all the mother and daughter volunteers from NCL for your time, energy, and support!



### Special Thanks

NATIONAL CHARITY LEAGUE (NCL)  
CRYSTAL SPRINGS CHAPTER



National Charity League, Inc.



## LSF Children and Family Services: October 28 is CAFS Day in City of Millbrae!



Our LSF Children and Family Services in Northern California team celebrates CAFS Day on October 28, 2020! There is no doubt that these last six months have brought challenges into our personal and work lives. We want to give a loud and proud "THANK YOU" to our hard-working, dedicated team of Early Interventionists, Infant Developmental Specialists, We Play We Learn (WPWL) Early Childhood Educators and Director/Inclusion Supervisor as well as our Administrative Assistant and Program Coordinators.



### Our Services Have Gone Virtual! Stay "Safe (and healthy!) at Home" with our Virtual Adult Day Program

Although we are now providing services virtually, the goal of the Santa Maria Wisdom Center remains the same: ensuring seniors receive the supports they need to remain living safely in their homes. This goal becomes even more critical during the COVID-19 crisis.

Our virtual adult day services and supports at this time include:

- Nutritious home cooked meals delivered to your door, most special diets accommodated
- Professional health care support provided by our nursing staff, focused on the challenges of caring for chronic conditions while staying safe at home
- Social services focused on supporting positive mental health, problem solving, and helping to find community resources and emotional support for our caregivers and members
- Virtual caregiver support group
- Weekly activities packet for our members that includes activities to engage the mind the body and maintain engagement as well as caregiving tips and strategies
- Mental health support as needed
- Staff availability to provide support and services as needed 6:30 am to 5:00 pm

If interested, please contact us at (805) 354-5320 or [info@smwisdomcenter.org](mailto:info@smwisdomcenter.org) for more information and pricing. Our services could be free to eligible CenCal members or Veterans.

**Coming Soon:** Virtual video chat services, including group activities, caregiver and member support group, and exercise program developed/approved by our physical therapist.

We recognize the sacrifices and flexibility our staff had to take on just to ensure our program participants and the families we serve continue to be supported. We are a team that wears multiple hats and walks in many different shoes who are putting the families we serve first, as well as showing our community what our profession is made of and where our priorities lie. We thank you NorCal CAFS team for your dedicated service and commitment towards our Life Steps organization!

## LIFE STEPS LOCATIONS

Life Steps Foundation (HQ)  
5757 West Century Blvd., Suite 880  
Los Angeles, CA 90045  
(310) 410-8190

LSF Central Coast Adult Services  
(Program Site)  
218 West Carmen Lane, Ste. 108  
Santa Maria, CA 93458  
(805) 549-0150

LSF Northern California Adult Services  
(Program Site)  
828 C. Mahler Road  
Burlingame, CA 94010  
(650) 259-1808

LSF Santa Maria Wisdom Center  
(Program Site)  
2255 S. Depot Street  
Santa Maria, CA 93455  
(805) 354-5320

LSF SoCal Adult Services  
(Affiliate)  
500 E. 4th Street  
Long Beach, CA 90802  
(562) 366-7131

LSF Children and Family Services  
(Affiliate)  
1930 Brea Canyon Road, Ste. 265  
Diamond Bar, CA 91765  
(562) 699-4991

401 Santa Lucia Avenue  
Millbrae, CA 94030  
(650) 777-9182

632 West Avenue, H-8  
Lancaster, CA 93534  
(661) 266-0756

700 Rose Avenue  
San Gabriel, CA 91775  
(626) 614-9345

830 Rosita Road  
Pacifica, CA 94044  
(650) 660-5404



From time to time, all of us need help taking some of the more challenging steps in life. At Life Steps Foundation, we help those with the greatest challenges by giving them training, skills, and confidence to achieve greater independence and realize their personal potential. In today's economy, your support is more urgent than ever. Please consider joining our Life Steps Community with a donation. Visit [www.lifesteps.org](http://www.lifesteps.org) and click the "Donate" button today!

Follow us on:

