

LSF Northern California Adult Services: Team Building 2022

Social Dynamics took the team to Classic Bowl in Daly City, CA. The team paired up and faced off with joy and laughter throughout the day. Here at Social Dynamics, our teamwork and relationships within the day program play a huge role in our success and the quality of services we provide for our participants. Camaraderie in the workplace makes a great impact when building rapport with the individuals we serve.



LSF Children and Family Services in Northern California: Spring Egg Hunt & Picnic

On Friday, April 15, 2022, Northern California CAFS inclusion preschool at We Play We Learn in Pacifica, CA hosted our annual Spring Egg Hunt & Picnic. We had six parent volunteers come early and help staff hide over 400 eggs for our preschoolers to find. After the egg hunt, families brought blankets and chairs and set up outside for a picnic with their family. It was such a fun time watching the kids open all their eggs and play together. It was also exciting to see the parents and families connecting and making new and stronger friendships together! All had a good time!



LSF Central Coast Adult Services: Easter Client and Team Recognition

Carrie has been with Life Steps Foundation for many years. Recently, she's had some medical issues where she's needed to spend some time in a skilled nursing facility and her needs changed from minimum assistance to full time 24/7 care. Life Steps was able to provide the services she needed so that she may return home and remain living independently in her own apartment. Carrie is adjusting to her new routine, with goals of walking with a walker and utilizing her left arm more with the assistance of a Life Steps staff member. Now that she is home, she is looking forward to a belated birthday party and getting a pet to love and care for with the assistance of Life Steps staff.



Welcome Zoe Silva as Central Coast Adult Service's new administrative assistant. Zoe comes to us with a variety of skills and a positive outgoing attitude. She is very interested in the population we serve as she is currently learning American Sign Language and has volunteered with the Miss Wheelchair California Foundation. She is excited to learn more about Life Steps and to start this new journey with us. Welcome to the team, Zoe!



Please also join me in congratulating Zerlina on her promotion! She started as Senior Homemaker Program Coordinator here at Central Coast Adult Services on Feb 1st. Zerlina was employed with Life Steps for two years as our administrative assistant. During this short time, Zerlina has shown excellent initiative to understand the inter-workings of our programs, provided organization and has taken on extra tasks given which made her the perfect candidate for the position. Zerlina is very determined to make sure she does the best she can and is looking forward to this new challenge ahead of her.



LSF SoCal Adult Services: Easter Giving Program

Life Steps Foundation SoCal Adults participated in the Easter Giving Program this year, with over 200 Easter baskets being made by staff members with the help of clients from the Seaside Learning Center. In an effort to give back to the community, LSF SoCal Adult Services made Easter baskets that came with coloring books, bubbles, toys and a chocolate bunny. A total of 50 baskets were donated to Harbor Regional Center, 50 baskets to the Southeast Family Resource Center in Norwalk, 40 baskets to Life Steps clients with children, 30 baskets to Seaside Learning Center program participants with children and 30 baskets to LSF staff with small children. Program participants like Stanley, Daniel and Antonio really enjoyed helping put the baskets together, with the help of staff member Brenda Martinez. Our participants also helped deliver them to the Harbor Regional Center Office in North Long Beach. LSF SoCal Adult Services will continue to look forward to opportunities to give back and help their community!



LSF Children and Family Services in Southern California: Participant Spotlight

Justin is a little boy who enjoys socializing with familiar people and being silly. He was first referred to Life Steps Foundation for early intervention at 20 months due to concerns with his speech, language development and as his difficult behavior. Initially, he was observed as a very serious little boy who did not actively interact with others. He also had difficulty with sitting in one place for more than one minute at a time, switching between toys within seconds. His mother often reported that he would get frustrated quickly and would not follow any verbal directions. After receiving early intervention services, Justin's vocabulary increased dramatically. He is now able to describe his surroundings with 5-6 word sentences. He is able to express his needs well and his frustration has decreased. He is also able to understand complex directions and sit in a small chair for 30-45 minutes at a time. His mother reports that he now enjoys

attending his older brother's virtual classes. Justin has come a long way since we started and I am proud of how much he has grown. - Natalie R., Early Interventionist

“Thank you so much for your patience with Justin. He is always excited to see you and asks for you frequently during the week. We appreciate everything you have done for us and we hope you continue to help other children reach their goals.” – Staci, Justin's mother



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In the face of the Coronavirus Disease (COVID-19) outbreak situation, many of the children and adults with developmental disabilities served by Life Steps Foundation are in need of essential items. We are working diligently to assist our individuals but need additional help. Donations of items or monetary contributions at this time is greatly appreciated. Please consider joining our Life Steps community with a donation. Visit www.lifesteps.org and click the “**Donate**” button today!

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