

LSF Children and Family Services in Southern California: Participant Spotlight

ayce is an energetic little boy who enjoys exploratory play and is very active. He was referred to Life Steps Foundation CAFS due to global delays and mother had concerns that he was not meeting most of his developmental goals. He was not having purposeful play, wandering behavior, and would only play with toys momentarily. He had very few words and mother had concerns regarding speech development. He was seen by his early interventionist twice a week, at the end of services Jayce was signing 10+ words and was using a communication book made by mom and the early interventionist to show family members what his needs were. He was able to attend to a fun task for 10 minutest at a time and had no trouble transitioning into new play. Father and mother were very involved in services and would integrate what they learned from the early interventionist into every day life.

When Jayce graduated from our program, he had met many of our goals and we were able to help the family find a great ABA program in our area. Jayce's family, early interventionist, and other therapists were/ are essential in helping Jayce succeed, and we wish them good luck!



LSF Northern California Adult Services: Holiday Festivities

This holiday season, LSF NCAS gave all members of the team a gift of beanies embroidered with the company logo. Team members represent LSF in style and in loyalty and look forward to a healthy and busy 2023. We wish you all the happiest New Year and continued health. From our family to yours.





Life Steps Foundation: 2022 Every Day Is Earth Day 5k Virtual Event

Life Steps Foundation would like to thank all of the participants and sponsors who helped make the organization's second annual Everyday is Earth Day 5K virtual event a success. This year, we were able to raise more than \$20,000 and close out the year strong. This event helped bring awareness to the work we do with children who may be diagnosed with learning delays or developmental disabilities, as well as adults with developmental disabilities, and seniors. The annual fundraising event would not have been possible without supporters like you!



LSF Children and Family Services in Northern California: Employee Recognition

his is a heartfelt quote about our infant development specialist, Sarah Dell'Aquilla, on our East Bay Team. A family contacted one of our NorCal CAFS program coordinators when they were preparing to exit our program and shared this wonderful feedback.

"My son was diagnosed on the autism spectrum in early 2022, and Sarah has been his developmental specialist since that spring. I want to let you know that Sarah is a wonderful therapist. She plays with my son when she comes to my place, observes him and tells me what he is good at and what he is lacking. She is always on time for meetings during virtual sessions. She gives us a lot of good information which helps us a lot. She really cares for her clients and helps them as much as she can. Sadly, I have to say goodbye to Sarah because my son will be starting a group program, but she still tries to help us find a good preschool/daycare; we appreciate everything she has done for our family."



LSF Central Coast Adult Services: Participant Spotlight

Reuben had been a long time individual with Life Steps Foundation. He has enjoyed the holiday season by decorating his home for each holiday and partaking in holiday activities, and creating new traditions with his LSF staff member. He participates in his apartment community center getting together with his neighbors to hang out, eat, and do activities together. Reuben has also made his health a priority by advocating for doctor and dentist appointments. He has made huge improvements to the choices he makes to better his own independence, health and community involvement. We hope that his improvements continue in the New Year 2023!





LSF Central Coast Adult Services Staff



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14035 Francisquito Avenue Baldwin Park, CA 91706 (626) 338-5090 In the face of the Coronavirus Disease (COVID-19) outbreak situation, many of the children and adults with developmental disabilities served by Life Steps Foundation are in need of essential items. We are working diligently to assist our individuals but need additional help. Donations of items or monetary contributions at this time is greatly appreciated. Please consider joining our Life Steps community with a donation. Visit **www.lifesteps.org** and click the "**Donate**" button today!

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Life Steps Foundation, Inc. is a fiscally responsible, culturally competent CA 501 (c)(3) non-profit dedicated to meeting the health, psychological and socioeconomical challenges of people throughout their lifespan.