

Life Steps Foundation Summer 2024 Newsletter

## LSF Northern California Children and Family Services We Play We Learn

We Play We Learn preschool in Pacifica, CA hosted its annual preschool graduation on June 10th at its outdoor campus. We had our biggest graduation class to date with 17 young graduates this year. The director, Lisa Wheel, welcomed everybody for coming and expressed her love and appreciation for the support from all of the children and families throughout the school year. The young students did a little performance for their family. Before graduation day the teachers had asked them two important questions: 1) What do you love about school? and 2) what do you want to be when you grow up? The teachers read each child's response as their name was called to come up and receive their diplomas.

Afterwards we all enjoyed cookies and cake and each others' company. We had special cookies made for each graduate with their names on them for them to enjoy. Everyone had a great time and we loved being able to celebrate our graduates and know they are going to rock transitional kintergarden and kindergarten.

In addition to a wonderful graduation, this summer, we had the opportunity to learn from a high school student volunteer from the National Charity League, Chiara Luey, who offered her time to educate our pre-k class in STEM as a grant project. She taught them about different types of natural energy and led projects with the kids, making slime, pinwheels, and smores. The class talked about energy from the sun, the core of the earth, wind, and more. The kids really enjoyed the projects! Thank you to NCL and Chiara for this amazing opportunity!



## LSF Central Coast Adult Services

his is Lindsey, she is bright, brave, and strong with a fun personality. Through advocating for herself with her Tri-Counties Regional Center service coordinator, she was able to choose Life Steps Foundation as her provider and moved to San Luis Obispo from Santa Maria. She started a whole new life with Life Steps by moving into her own apartment, going to work/ day program and becoming acquainted with her new staff members who help her 24/7.

She puts a smile on everyone's face by telling jokes and funny stories. Lindsey is the true meaning of living independently with supports as she is always communicating with Life Steps management about her medical appointments, scheduling her own transportation, voicing her thoughts and feelings, asking questions and working towards her goals. Life Steps is proud to be a part of Lindsey's life and work with her to achieve her life goals.





Wen is a sweet and lively little boy who was referred to Life Steps Foundation at 22 months old due to concerns with his overall development. At the start of the program, Owen was very quiet and had difficulty expressing his needs. He was also not yet playing with toys properly and would throw them around the room or scatter them. His mother was concerned that he was not yet using any words and did not make any attempts at communicating. She was also concerned about his lack of interest in playing with others. After beginning services, Owen would wait for his early interventionist by looking out of the front window of the home. He began to take her hand and lead her around the room to show her all of his new toys. He can now imitate simple sounds and vocalize the beginning of each word as well as using sign language to express himself. He learned how to play with most toys appropriately and has improved in inviting others to play along. I am very proud of Owen and his family, and I hope he continues to succeed!

## **LSF Northern California Adult Services**

he Home and Community-Based Services (HCBS) Final Rule establishes requirements for Medicaid HCBS programs that provide people with disabilities with person-centered care in their homes and communities. The rule aims to ensure that people can fully participate in their communities, achieve greater independence and have access to meaningful social, recreational and employment opportunities. It also aims to give people the opportunity to access services in the most integrated setting appropriate. On June 28, 2024, Golden Gate Regional Center's (GGRC) HCBS evaluation team did an on-site evaluation at the Social Dynamics adult day program. During their visit, they interview direct care staff and individuals receiving service to ensure alignment with federal guidelines aimed at promoting community integration and personcentered planning. After the visit, the Golden Gate Regional Center (GGRC) HCBS evaluation team determined that the Social Dynamics adult behavioral day program is fully compliant with all Home and Community Based Services federal requirements. To all the staff and individuals of the Social Dynamics Program, congratulations and thank you for your commitment to excellence!







LIFE STEPS **FOUNDATION** 

## LIFE STEPS PROGRAM LOCATIONS

5757 West Century Boulevard, Suite 880, Los Angeles, CA 90045

LSF Children and Family Services LSF Children and Family Services Southern Califonria

Main Program Office 1930 Brea Canyon Road Suite 265 Diamond Bar, CA 91765 (562) 699-4991

**Program Office** 632 West Avenue Suite H-8 Lancaster, CA 93534 (661) 266-0756

**Program Office** 2500 Pacific Park Drive Whittier, CA 90601 (562) 699-4991

Happy Campers 14035 Francisquito Avenue Baldwin Park, CA 91706 (626) 338-5090



Northern Califonria

Main Program Office 828 C. Mahler Road Burlingame, CA 94010 (650) 777-9182

We Play We Learn 830 Rosita Road Pacifica, CA 94044 (650) 660-5404

LSF Central Coast Adult Services 218 West Carmen Lane Suite 108 Santa Maria, CA 93458 (805) 549-0150

LSF Northern California Adult Services 828 C. Mahler Road Burlingame, CA 94010 (650) 259-1808

> LSF SoCal Adult Services 500 E. 4th Street Long Beach, CA 90802 (562) 366-7131

> > Follow us on:



Life Steps Foundation was launched in 1983 and has successfully

improved the lives of thousands of children and adults diagnosed with delays or developmental disabilities. The purpose of our programs and

services is to enhance participants' lives, empower them to achieve life goals, foster self-advocacy, and ensure they can live as independently

as possible as adults. We accomplish this by enhancing their abilities

and providing aid in the areas of communication, money management,

household upkeep, mobility, socialization, and making healthy life

choices. In addition, we provide in-home assistance to frail seniors

who desire to remain living in their own homes. Please consider joining

our Life Steps community with a donation. All donations support of our

work to brighten the lives of the children, adults, seniors, and families

we assist. We accept donations in the form of stocks, bequests, and

vehicles. Visit www.lifesteps.org and click the 'Donate' button today!

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