



## Life Steps Foundation: Fun Run for Inclusion Raised Over \$22,000 in Donations

Life Steps has completed its Fun Run for Inclusion 5K 2021: Celebrating Diverse Abilities virtual benefit event. We want to thank our runners and donors for making our second virtual fun run a successful fundraiser. With your support, the Life Steps team was able to raise over \$22,000! The funds will be a great help to our programs serving children and adults with developmental disabilities, and seniors. We are grateful to our Fun Run 5K 2021 sponsors for their generous

and support of our Fun Run for Inclusion. We also want to give a special mention to: Smart & Final; Yocha Dehe Wintun Nation Cache Creek Casino Resort; Costco from the City of Industry; and National Charity League - Crystal Springs Chapter for their gifts and support to our event.

To see the full list of supporters and Fun Run images submitted by our runners, please visit: [www.lifesteps.org/run2021](http://www.lifesteps.org/run2021). Keep visiting our website to learn about future events.

## FUN RUN FOR INCLUSION 5K: CELEBRATING DIVERSE ABILITIES 2021 Sponsors



## LSF Northern California Adult Services: Sutter Health Awards Community Health Grant to Social Dynamics



Our partnership with Sutter Health over the past few years has supported Life Steps Northern California Adult Services and the participants we serve in so many ways. During the early stages of the pandemic, we were fortunate to utilize previously awarded funding from Sutter Health to support our participants with activity materials and technology to increase

the quality of alternative and remote services. We were recently awarded a \$10,000 Community Health Grant for their 2021-2022 cycle, and we are so grateful and appreciative for the support and partnership between LSF NCAS and Sutter Health. We look forward to many more years of working together with Sutter Health to enhance services for the communities we serve. Thank you to Kayla Gupta, and the team at Sutter Health for the continuous support and assistance with the Sutter Health Community Grant!

## LSF SoCal Adult Services: Long Beach Gives 2021

Life Steps Foundation SoCal Adult Services was invited again this year to join the Long Beach Gives campaign. Long Beach Gives sponsors a Giving Day in Long Beach each September, and member non-profits are offered a platform to conduct peer-to-peer fundraising. This year we were able to raise \$3,375 through our campaign, a 62% increase from last year.

All money raised this year will go towards SoCal Adult Service's Christmas Giving Campaign, which provides Christmas presents to our program participants who have no family or friends to give them gifts. Last Christmas, 22 of our individuals benefitted from this program. This year the number will increase, offering Christmas joy to more of the individuals served. Way to go Long Beach! LSF SoCal Adult services would like to thank all who took part in this campaign. The assistance of staff who helped raise this amount was invaluable. We also want to give a big thanks to all of our donors this year. Yours is the gift that will bring joy to the people we care for. Thank you!



## LSF SCAS: Outstanding Performance!

We want to thank all of our partners for constantly pushing the bar higher. We also want to congratulate and acknowledge the partners who received a nomination for their outstanding performance in the last quarter. Based on a point system, partners received a certificate for outstanding work or a \$50 gift card of their choice along with their certificate.



### July 2021 Winners

**Gift Card Winners:** Leslie Hernandez, Carla Hernandez, Jose Garcia, Ana Sabaj, Ethan Rojas, Christian Garcia

**Certificates:** Sam Moscoso, Nancy Sanchez, Maria Gonzalez, Sandra Cruz, Rebecca Hurtado, Jisell Palacio, Juana Puente, Sergio Harnandez

### August 2021 Winners:

**Gift Card Winners:** Juana Puente, Adrian Vidal, Armida Flores, Latosha Ray, Elsie Nicolas, Linda Ledesma

### September 2021 Nominees:

**Gift Card Winners:** Jennifer Ascensio, Michelle Carpio, Chavez Bell, Maria Rodriguez, Nancy Sanchez, Maria Gonzalez

**Certificates:** Angelle Plump, Jacqueline Van Noy, Cipta Firsra, Claudia Magana, Jessica King, Jisell Palacios, Juan Lopez, Olga Raya, Obeth Borjas, Joshua Lopez, Juana Puente, Carla Hernandez

## LSF SCAS: Seaside Learning Center Re-Opens

August 2, 2021 was a long-anticipated day for Seaside Learning Center and its members as this is the day we re-opened and resumed in-person activities at a limited capacity. The Center developed a plan for re-engagement that included strict safety protocols and intensive training for both staff and participants before opening. We're slowly increasing the number of members per week. The Center was temporarily closed starting March 2020 due to the COVID-19 pandemic. Through the Zoom platform, we were able to continue our services virtually. This was an invaluable resource to our members as it allowed them to interact and check on each other's wellbeing. The Center also provided deliveries of PPE, art & craft items, small gifts, and offered individual phone calls to members unable to join the Zoom activities. Currently, the Center offers two sessions: mornings from 8:30AM to 12:00PM and afternoons from 1:00PM to 4:30PM. In-person activities offer members a better way to connect with each other in a safe way. These activities bring our members joy, which is reflected on their faces and in their attitudes.



## LSF Central Coast Adult Services: Celebrating Years of Service

Individuals and staff came together to celebrate the dedication and hard work of our staff with a pot luck lunch, music and good company. Employees were recognized with certificates to document their outstanding commitment in assisting our individuals. They provide supported and independent living services to our adults with developmental disabilities. The focus of our work is on the individuals Person-Centered Plan that will empower our individuals to have the degree of independence and self-responsibility desired, protect the individual's health and safety, support the individual to have a community life to the extent possible, live in their own home and have a life similar to those without disabilities. Please join us in congratulating our long term employees!

### 5 + YEARS

Juan Carlos Reyes  
Lisa Hernandez  
Cynthia Collins  
Anthony Galarza  
Tara Delira

### 15 + YEARS

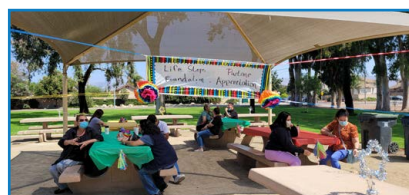
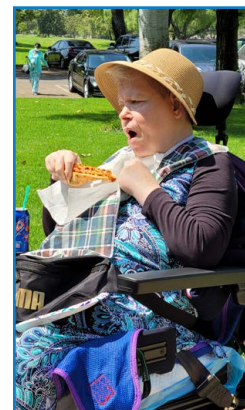
Wesley Sims  
Gelasia Gomez

### 10 + YEARS

Irene Sanchez  
Orlando Flores  
Jeicris Quiatchon  
Fritzie Ocampo  
Elyndle Cumigad

### 20 + YEARS

Hortencia Esparza





## LSF Children and Family Services in Northern California: Trunk-or-Treat!

Life Steps We Play We Learn in Pacifica, CA hosted a Trunk-or-Treat event for all the students and families. The families helped put together this event, which occurred on Thursday, October 28, 2021. We had amazing parent participation! Every family put in so much time, creativity, and energy to decorate their cars, creating a wonderful experience for our kids. Afterwards, the teachers set up some carnival games and snacks for the kids on the playground. The kids played in the spooky noodles sensory table, ghost bowling, spider toss, and more. Everyone had a spooky great time!

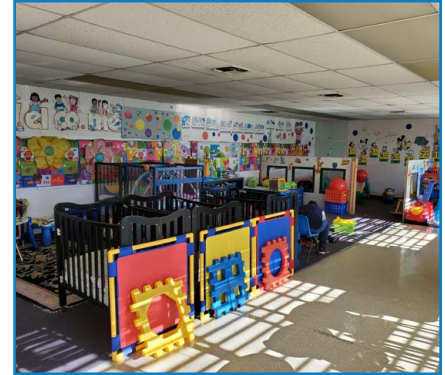
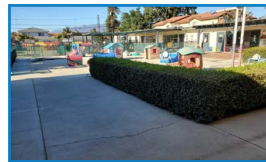
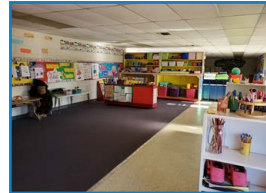


## LSF Children and Family Services in Southern California: New Program Available in Baldwin Park, CA!

LSF Children and Family Service in Southern California is proud to announce our new program "Happy Campers Children's Center." Our new location is a preschool and a day care center serving the Baldwin Park community.

Happy Campers Children's Center's philosophy is to provide adequate childcare services based on the needs of the child, family, and community and strive for excellence in our abilities to meet those needs. Our program consists of a balanced schedule of daily activities providing opportunities for the individual development of the child's self-image, self-control and independence; expression through creativity; social skills through group activities; intellect through a balance of teacher directed activities and individual exploration; thoughtful and courteous behavior; gross/fine motor skills; good health and hygiene habits; respect for others and property.

Our program welcomes any child six weeks old through five years of age. Our office operates from 7:00am - 5:30 pm Monday through Friday. Our future goal is to develop an inclusive classroom within our program so we can serve



children with special needs as well as children from the community.

## LSF Children and Family Services: Participant Spotlight

Simon is a sweet little boy who happily participates in play. He was referred to Life Steps Foundation for Early Intervention at 13 months of age due to concerns about his gross motor, and speech and language development. Simon initially presented delays in his overall development. He was a quiet little boy who did not always respond to voices in his environment. He also had difficulty communicating his needs at home. Simon usually preferred to sit in one spot for extended periods of time without much movement. After receiving early intervention services, Simon was able to increase his vocabulary and is now starting to use it to communicate his needs. He can run, jump, and walk with good balance and coordination. He is also able to write the letters of the alphabet as well as his name. His mother has expressed that Simon is beginning to understand simple directions and is now beginning to pay attention to changes and people in his environment. It was a pleasure working with Simon and his family. I have no doubt that Simon's family will continue to support him in his development and will be instrumental in his future success.



*"We are grateful for everything you have done to help Simon. Thanks to your patience and your care, Simon has improved a lot. I hope that you continue to be successful in your work and that you continue to help other children."  
-Baldina D., Simon's mother*

### LIFE STEPS LOCATIONS

Life Steps Foundation (HQ)  
5757 West Century Blvd., Suite 880  
Los Angeles, CA 90045  
(310) 410-8190

LSF Central Coast Adult Services  
(Office)  
218 West Carmen Lane, Suite 108  
Santa Maria, CA 93458  
(805) 549-0150

LSF Northern California Adult Services  
(Office)  
828 C. Mahler Road  
Burlingame, CA 94010  
(650) 259-1808

LSF SoCal Adult Services  
(Affiliate)  
500 E. 4th Street  
Long Beach, CA 90802  
(562) 366-7131

LSF Children and Family Services  
(Affiliate)  
1930 Brea Canyon Road, Ste. 265  
Diamond Bar, CA 91765  
(562) 699-4991

401 Santa Lucia Avenue (Office)  
Millbrae, CA 94030  
(650) 777-9182

632 West Avenue, H-8 (Office)  
Lancaster, CA 93534  
(661) 266-0756

700 Rose Avenue (Office)  
San Gabriel, CA 91775  
(626) 614-9345

830 Rosita Road (Office)  
Pacifica, CA 94044  
(650) 660-5404

14035 Francisquito Avenue (Office)  
Baldwin Park, CA 91706  
(626) 338-5090

In the face of the Coronavirus Disease (COVID-19) outbreak situation, many of the children and adults with developmental disabilities served by Life Steps Foundation are in need of essential items. We are working diligently to assist our individuals but need additional help. Donations of items or monetary contributions at this time is greatly appreciated. Please consider joining our Life Steps community with a donation. Visit [www.lifesteps.org](http://www.lifesteps.org) and click the “**Donate**” button today!

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