

LSF Northern California Adult Services: Holiday Festivities

This Fall season Social Dynamic's is glad to see the increase of participants for in-person services and happy to be back into the swing of things. Social Dynamics invited participants to vote between carving pumpkins or painting pumpkins, and our participants voted to get a little messy and paint styrofoam pumpkins. With the help of our participants, we decorated the day program as a team as we've always done in the past.

The Social Dynamics team has also prepared goodie bags for our participants to have some fun at home with their families and staff. We are excited about the holiday season and cannot wait to experience the holidays with the participants of Social Dynamics.



LSF Children and Family Services in Northern California: "Back to School Bike Day"



We Play We Learn preschool had a "Back to School Bike Day!" We were so lucky to have the National Charity League (NCL) mother-daughter volunteer group help make bright fun posters to post around the bike course, cheering the kids on. They also put together goodie bags with water, goldfish, and a fruit snack for when they take a break. The kids each brought their bikes, scooters, and helmets to school and had the best time showing them off to their friends and racing around. After riding their bikes, they sat in the sun and enjoyed their break goodie bags to replenish their energy so they could hop back on their bikes and ride some more!

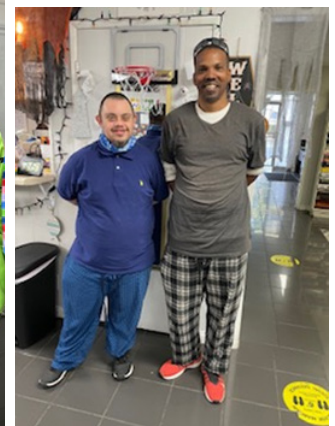
LSF Happy Campers : Fall Parade 2022

Fall Parade 2022 at Happy Campers Children's Center was so much fun! Children enjoyed singing songs and dancing. They also enjoyed touching, patting and rolling pumpkins while exploring our natural garden. The garden was decorated by our talented teachers using students' handcrafts. Children also got to explore the natural elements such as grass, soil, hay, and pumpkins. We would like to thank the parents who decorated their trunks for our trunk-or-treat event. The children really enjoyed them! Happy Campers Children's Center is an inclusive preschool in Baldwin park that serves the community with trained professionals to ensure that children ages two months to six years can grow in an environment that's just right for them.



LSF SoCal Adult Services: Spirit Week

Fall is here, and so is the Halloween Spirit at the Seaside Learning Center. Spirit Week here at SoCal Adult Services consisted of a handful of fun events to participate in with our clients and staff. The events we had during Spirit week consisted of dressing up for Superhero Day, wearing blue and silver to show our Life Steps pride, and topping everything off with Pajama Day. Our clients took full advantage of the fun opportunity and showed up in their most comfortable leisure attire. Pictured below are our Seaside clients Daniel and Jamode, whom both wore their best pajamas to the day program on Pajama Day. Finally, Spirit Week came to a spooky end on Halloween, with staff dressing up as skeletons, Chucky, and Oogie Boogie to name a few costumes. Rebecca, a client of Seaside, dressed up in her Dia De Los Muertos attire and Jamode even came as Charlie Brown. Overall, it was a fun and joyous experience for everyone involved and served as a great introduction to the holiday season.



LSF Children and Family Services in Southern California: Participant Spotlight

Hope is a very lively and outgoing little girl who enjoys meeting new people and making friends. She was referred to Life Steps Foundation for early intervention at 11 months due to her parent's concerns over her gross and fine motor development. She was not able to sit independently and was frustrated frequently with objects falling out of her hands easily due to limited fine motor skills. She would bang her head against hard surfaces when upset. After receiving early intervention services, Hope learned to move around on her hands and knees and gradually began learning how to walk and run. Her vocabulary increased quickly and she can now use 4-5-word sentences to communicate her needs. She is also now able to regulate her emotions and able to describe the emotions she is feeling with words. After graduating from the program, Hope has reached all of her developmental milestones. Hope's family was essential in her success, and I am very proud of them! - Natalie R. (Early Interventionist)

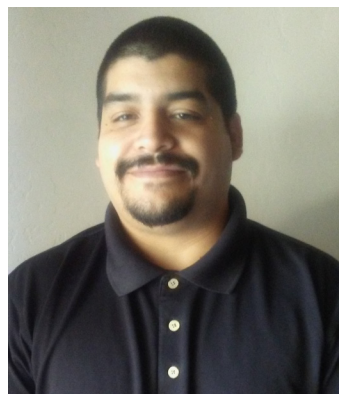
"We are going to miss you! You were both of our daughter's favorite teachers, thank you for everything!" -Hope's mother

LSF Central Coast Adult Services: Employee of the Month Recognition

We would like to commend the following employees on their dedication to the individuals we serve. They provide life-changing services to our clients and assist them in remaining independent within their community. These staff members put the needs of the client first by working hard while caring for the client – going the extra mile to cover shifts, complete documentation, and make sure the individuals are happy, healthy, and safe. They really do have a heart for what they do and it does not go unnoticed. Please help me in congratulating.



September
Elizabeth Sison
2 Years of Service
Provided IHSS for our individuals
before becoming a partner with
Life Steps



October
Anthony Galarza
10 years of Service



November
Gelasia Gomez
20 Years of Service

LIFE STEPS LOCATIONS

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5757 West Century Blvd., Suite 880
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(310) 410-8190

LSF Central Coast Adult Services
218 West Carmen Lane, Suite 108
Santa Maria, CA 93458
(805) 549-0150

LSF Northern California Adult Services
828 C. Mahler Road
Burlingame, CA 94010
(650) 259-1808

LSF SoCal Adult Services
500 E. 4th Street
Long Beach, CA 90802
(562) 366-7131

LSF Children and Family Services
1930 Brea Canyon Road, Ste. 265
Diamond Bar, CA 91765
(562) 699-4991

828 C. Mahler Road
Burlingame, CA 94010
(650) 777-9182

632 West Avenue, H-8
Lancaster, CA 93534
(661) 266-0756

2500 Pacific Park Drive
Whittier, CA 90601
(562) 699-4991

830 Rosita Road
Pacifica, CA 94044
(650) 660-5404

14035 Francisquito Avenue
Baldwin Park, CA 91706
(626) 338-5090

In the face of the Coronavirus Disease (COVID-19) outbreak situation, many of the children and adults with developmental disabilities served by Life Steps Foundation are in need of essential items. We are working diligently to assist our individuals but need additional help. Donations of items or monetary contributions at this time is greatly appreciated. Please consider joining our Life Steps community with a donation. Visit www.lifesteps.org and click the “**Donate**” button today!

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